

SMALL GROUP NOTES

GROUND RULES

What's said in a group stays in the group.

Encourage others and hold yourself accountable.

Where is it written in the Bible?

WHAT DOES IT MEAN?

- What stands out to you about David's language and emotions in Psalm 6?

- Where do you see a shift in tone, perspective, or movement in the Psalm 6?

- How does Psalm 6 portray God's response to human weakness and suffering?

WHAT DOES IT MEAN FOR ME?

- When do you struggle to believe that God is present or attentive in the middle of your weakness?

- What parts of Psalm 6 feel most relatable for you, or are the hardest for you, to pray honestly?

- How does Psalm 6 challenge how you typically respond to suffering or distress?

Read Ahead: Psalm 7