



# SMALL GROUP NOTES

## GROUND RULES

What's said in a group stays in the group.

Encourage others and hold yourself accountable.

Where is it written in the Bible?

### WHAT DOES IT MEAN?

- What does the progression from “walk,” to “stand,” to “sit,” in Psalm 1 communicate about how influence and compromise develop over time?

- How does the imagery of the “blessed man” and the “wicked” in Psalm 1 connect to what Jesus taught in Matthew 7:13-14?

- How does Jesus as the fulfillment of Psalm 1 reshape your understanding of what it means to be the “blessed man”?

### WHAT DOES IT MEAN FOR ME?

- What habits, influences, or relationships are shaping your direction right now, toward life or towards sin?

- Where do you tend to strive or perform instead of trusting and resting in what Jesus has done?

- What is one way you can abide in Christ this week instead of just trying harder in your own strength?